

# Infant Tub Bath Steps



1 Gather supplies – a baby tub, a washcloth, a mild cleanser, a towel and a clean diaper.



2 Put an inch or two of warm water into the tub. Check water temperature with your elbow – warm but not too hot.



3 Undress baby and gently put baby in the water. Support her head and neck with one hand.



4 Gently pour cupfuls of water over your baby's body throughout the bath so baby doesn't get cold.



5 Clean the baby all over using a soft washcloth and gentle baby soap. Use the cup to rinse off the soap.



6 Wash baby's hair last.



7 Gently lift baby out, wrap her in a towel and pat her dry.



8 Diaper and dress baby then comb baby's hair.