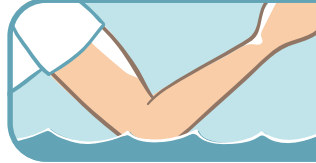


Infant Sponge Bath Steps



1 Gather supplies – sink or basin with warm water, a large, soft hooded towel, a washcloth, cotton balls and mild cleanser, lotion, diaper ointment, clean diaper, clean clothing, and a soft brush or comb.



2 Check water temperature with your elbow – warm but not too hot.



3 Wrap baby in a towel. Only expose the parts you are cleaning to keep baby warm. Clean baby's eyes, mouth, nose and whole face using plain water. Gently pat dry.



4 Keeping baby's head covered, unwrap each part of the baby's body as you wash it, beginning at the neck and moving down. Rinse and pat dry. Keep the baby's umbilical cord dry.



5 Clean around the base of the baby's umbilical cord with a cotton ball or swab.



6 Wash the diaper area from front to back using clean, warm water. For boys, gently wash the penis and genital area, avoiding pulling back the foreskin if the baby is uncircumcised.



7 Wash baby's hair last so his head doesn't get too cold. Wet hair with a washcloth, apply a small amount of baby wash and gently massage over the baby's whole head. Rinse baby's hair with a cup filled with clean water. Dry baby's hair gently & cover baby's head with a towel.



8 Wrap baby in a dry towel and pat dry thoroughly. Apply moisturizer or diaper ointment.



9 Diaper and dress baby, then comb baby's hair.