



VA Home Visiting Models



Who is Eligible?	Program Description	Visit Frequency
 <p>Comprehensive Health Investment Project (CHIP) of Virginia offers 6 local programs to low-income families. Services are offered to those who are pregnant and from birth to age 6.</p>	<p>CHIP offers a practical example of taking a whole-family approach. It pairs families with integrated teams of registered nurses and parent educators, goes beyond the usual focus on maternal and infant health.</p>	<p>CHIP offers no less than 27 visits per year for urban or suburban families, and 22 visits for families in rural localities.</p>
 <p>Early Head Start is a national child development program for children from birth to age 3, which provides services to promote academic, social and emotional development for income-eligible families.</p>	<p>EHS is designed to nurture healthy attachments between parent and child (and child and caregiver). Services encompass the full range of a family's needs from pregnancy through a child's third birthday.</p>	<p>Families receive 1 home visit per week (with a minimum of 46 home visits per year), lasting for a minimum of 90 minutes each.</p>
 <p>Family Spirit serves pregnant women and families with children younger than 3 in American Indian Communities. Low income families are eligible.</p>	<p>FS is an evidence-based home visiting program developed for and with Indigenous communities. FS was developed by the Johns Hopkins Center for Indigenous Health in partnership with tribal communities.</p>	<p>Home visits are weekly from pregnancy up to 90 days postpartum, then commence bi-weekly to age 3.</p>
 <p>Healthy Families Virginia serves families who are pregnant and/or parenting young children, enrolling prenatally or within three months of birth. Program can continue until their child is up to the age of 5. Eligibility determined by local site—some sites have income guidelines.</p>	<p>The HF model is rooted in the belief that early nurturing relationships are the foundation for life-long healthy development. Families work to reduce risks and build resiliency so they can raise healthy children who are ready to learn.</p>	<p>Families are offered weekly visits at the onset of services, typically 60 minutes. Frequency of visits is stepped down to twice a month, monthly, or quarterly over the course of services as families increase resilience and connections within the community over time.</p>
 <p>Loving Steps primarily serves African American and Hispanic families who are at highest risk for life stressors and loss during pregnancy and parenting from prenatal to age 18 months.</p>	<p>Reduces infant mortality and perinatal health disparities by delivering high-quality, effective prevention strategies to individuals, families and communities. Primarily serve African American and Hispanic families.</p>	<p>Tier 3 clients (highest risk) have weekly visits with a minimum of 2 in person. (Other contacts can be by telephone or virtual.)</p>
 <p>Nurse-Family Partnership serves first-time mothers. Families sign up before the 28th week of pregnancy, and once enrolled, services continue until the child is 2 years old. Program has income guidelines.</p>	<p>NFP is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality.</p>	<p>Visit frequency is flexible and content is adapted to meet the needs of the family based on nurse's assessment, along with the family's strengths, risks, and preferences. Home visits typically last 60-75 minutes.</p>
 <p>Parents as Teachers serves pregnant women and families with children from birth to kindergarten entry. Families can enroll at any point during this time. No income guidelines.</p>	<p>PAT engages parents and caregivers in promoting the optimal early development, learning, and health of young children, emphasizing: Parent-child interaction, development-centered parenting and family well-being.</p>	<p>Families can receive monthly to twice monthly visits, depending on family needs. Home visits are generally 60 minutes.</p>
 <p>Any pregnant teen, 19 years or younger, is eligible for the Resource Mothers. The program's main goal is to improve birth outcomes for the teen and the baby. There are no income guidelines.</p>	<p>Resource Mothers seeks to lower infant deaths and low birth weight rates in Virginia's pregnant and parenting teens.</p>	<p>Resource Mothers provides 2 home visits per month per teen client totaling at least 45 minutes/visit.</p>