



Institute e-Learning Modules

Institute 
for the **Advancement of**
Family Support Professionals
www.institutefsp.org

- ACES 101: Impact and Our Opportunity
- Adult Mental Health Part 1
- Adult Mental Health Part 2 – Perinatal Depression
- Assessment to Action: Building on Strengths, Finding Solutions
- Beyond the Home Visit: Supervision, Professional Development and Community Connections
- Breastfeeding 1: Helping Mothers Choose Breastfeeding
- Breastfeeding 2: Helping Mothers Initiate Breastfeeding
- Breastfeeding 3: Helping Mothers Continue Breastfeeding
- Child Abuse and Neglect Part 1: Education and Prevention
- Child Abuse and Neglect Part 2: Abusive Head Trauma
- Child Abuse and Neglect Part 3: Virginia Mandated Reporter
- Child Abuse and Neglect: Risks, Recognition and Reporting
- Child Development 0 – 3
- Child Development 3 – 5
- Child Development: Secrets of Baby Behavior
- Confidentiality: The Bridge of Trust
- Cultural Humility Part 1: Supporting Immigrant Families, a Culturally Humble Approach
- Cultural Humility Part 2: Supporting Dual Language Learners
- Culturally and Developmentally Appropriate Supervision
- Ethical Decisions in Family Support Practice
- Family Engagement Part 1: Partnering with Parents
- Family Engagement Part 2: Strategies for Partnering with Parents
- Family Goals: It's more about the Process
- Family Partnerships that Support Change and Healing
- Family Partnerships that Support Child Development
- Family Partnerships that Support Health and Mental Health
- Family Support Supervision: Values Oriented, Strength Based and Model Specific
- Growing Healthy Children 1, 2 and 3
- Historical Trauma
- Home Visiting 101: Importance of Home Visiting
- Home Visiting 102: Home Visitor Skills and Strategies
- Home Visiting 103: Professional Practice



- Improved Outcomes through Data Driven Decisions
- Infant Care: Diapering and Bathing
- Infant Care: The ABCs of Safe Sleep for Infants
- Leading and Nurturing the Family Support Professional
- Leaning In: From Racism to Racial Equity
- Leaning In: Maternal and Infant Health
- Leaning In: Trauma and Resilience
- Maximizing Team and Peer Networks
- Maximizing Team and Peer Networks to Improve Family Outcomes
- Moving to Action: Advocacy, Referrals and Goal-Setting
- Nutrition Basics
- Performance Evaluation: Celebrating and Guiding the Family Support Professional
- Practicing Personal Safety While Partnering with Families
- Prenatal Basics for Home Visitors
- Professional Conduct and Self-Care
- Professional Development - the Key to Quality Services
- Promoting Oral Health in Pregnancy and Early Childhood
- Promoting Safe and Healthy Homes
- Reflective Supervision 1: Reflective Practice for Family Support Professionals
- Reflective Supervision 2: Foundations in Reflective Supervision for Supervisors
- Reflective Supervision 3: Best Practices in Reflective Supervision for Supervisors
- Reproductive Health
- Social Emotional Development of Young Children
- Strengthening Families through Community Connections
- Substance Exposed Infant, Part 2: Impact of Perinatal Substance Use on Infants
- Substance Exposed Infants, Part 3: Developing and Implementing Plans of Safe Care for Substance Exposed Infants
- Substance Use: Risks and Effects in Pregnancy and Early Childhood Development
- Supporting Parent-Child Interactions
- The Dad Effect: Engaging Fathers in their Children's Lives and in Home Visiting
- The Learning Journey: Supporting Staff to Transfer Learning into Practice
- The Medical Home and Bright Futures Guidelines
- The Mothers and Babies Course Introduction Training
- The Nuts and Bolts of Family Support Supervision
- The Nuts and Bolts of Family Support Practice
- The Why, What and How of Effective Participant Communications
- Three Step Counseling
- Understanding hope as an Intervention Strategy
- Why Screen Women for Substance Use, Intimate Partner Violence, Mental Health and Perinatal Depression?



Virtual Home Visiting Modules

- Virtual Home Visiting 101: Service Delivery Overview - In English and Spanish
- Virtual Home Visiting 102: Preparing Yourself and Families - In English and Spanish
- Virtual Home Visiting 103: Engaging Families - In English and Spanish
- Virtual Home Visiting 104: Facilitating Parent Child Connections - In English and Spanish
- Virtual Home Visiting 105: Screen and Assessment - In English and Spanish
- Virtual Home Visiting 106: Supporting the Whole Family - In English and Spanish